



ALLERGENS WARNING

ALL food sold from this bakery across our website will contain
ANY of the following harmful allergens:-

Cereals containing gluten, namely: wheat (such as spelt and khorasan wheat),
rye, barley, oats

Crustaceans for example prawns, crabs, lobster, crayfish

Eggs

Fish

Peanuts

Soybeans

Milk (including lactose)

Nuts; namely almonds, hazelnuts, walnuts, cashews, pecan nuts, Brazil nuts,
pistachio nuts, macadamia (or Queensland) nuts

Celery (including celeriac)

Mustard

Sesame

Sulphur dioxide/sulphites, where added and at a level above 10mg/kg or
10mg/L in the finished product. This can be used as a preservative in dried fruit

Lupin, which includes lupin seeds and flour.

Molluscs like, mussels, whelks, oysters, snails and squid

We are very sorry for any inconvenience this may cause but we are a small bakery and it is not currently possible for us to put our hand on our heart and say that anything we make is free from anything, we just don't want anyone to get ill or worse...